

Press Release

For Immediate Release: Monday, August 9, 2016

Contact: West Caldwell Health Department

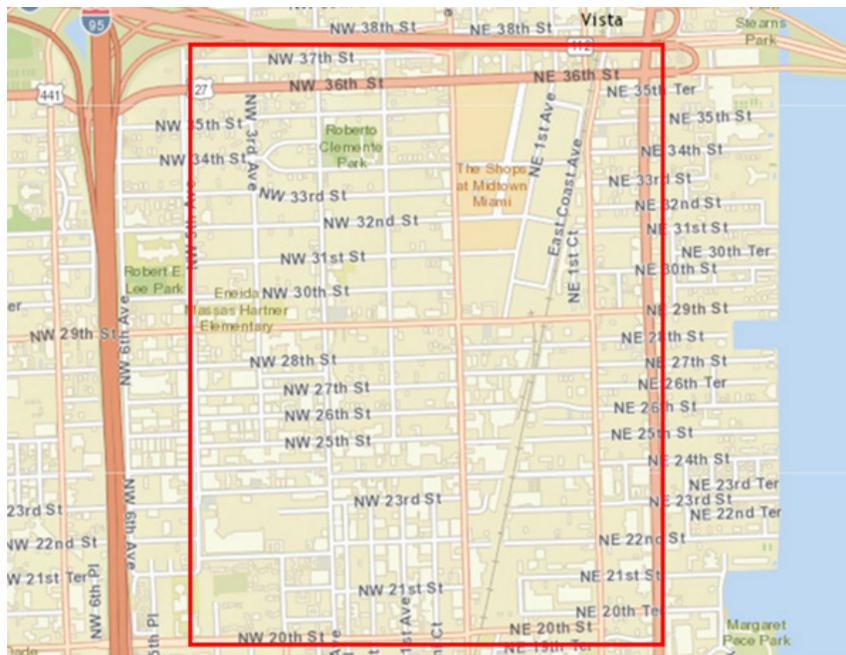
973-226-2303

health@westcaldwell.com

Travel guidance for Essex County residents related to Miami neighborhood with active Zika spread

New assessments of mosquito populations and test results by Florida Department of Health have identified an area in one neighborhood of Miami (area shown below in the map) where Zika is being spread by mosquitoes. This information suggests that there is a risk of continued active transmission for people who traveled to or lived in the Florida-designated areas on or after June 15, 2016. The Center for Disease Control (CDC) has issued travel guidance for pregnant women to a specific, 1 square mile area of Wynwood.

Area in Wynwood neighborhood, Miami, FL where Zika virus is being spread by mosquitoes



The West Caldwell Health Department recommends the following for pregnant women and their partners:

- Pregnant women should not travel to this area.
- Pregnant women and their partners living in or traveling to this area should follow steps to [prevent mosquito bites](#).
- Women and men who live in or traveled to this area and who have a pregnant sex partner should [use condoms or other barriers to prevent infection](#) every time they have sex or not have sex during the pregnancy.
- All pregnant women in the United States should be assessed for possible Zika virus exposure during each prenatal care visit.
- Pregnant women who **live in** or **frequently travel** to this area should be tested in the first and second trimester of pregnancy.
- Pregnant women with possible Zika exposure and signs or symptoms of Zika should be tested for Zika.

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- Pregnant women who traveled to or had unprotected sex with a partner that traveled to or lives in this area should talk to their healthcare provider and should be [tested](#) for Zika.

Couples thinking about getting pregnant:

- Women with Zika should [wait](#) at least 8 weeks and men with Zika should wait at least 6 months after symptoms began to try to get pregnant.
- Women and men who live in or frequently travel to this area should talk to their healthcare provider.
- Women and men who traveled to this area should wait at least 8 weeks before trying to get pregnant.

West Caldwell Health Department has been working very closely with the Essex Regional Health Commission, the Essex County Mosquito Control Superintendent, and the New Jersey Department of Health to provide up to date information to our residents to ensure they stay protected by preventing mosquito bites and following the travel guidance. We encourage everyone living in areas with mosquitoes, especially pregnant women and women planning to become pregnant, to protect themselves from mosquito bites. Apply insect repellent, such as those containing DEET or other approved EPA-approved products, to uncovered skin, wear long-sleeved shirts and long pants, use or repair screens on windows and doors, use air conditioning when available, and remove standing water when mosquitoes lay eggs.

For more information about Zika:

www.westcaldwell.com

www.essexregional.org

www.nj.gov/health/cd/zika/

<http://www.cdc.gov/zika/>

For information about mosquito control in Essex County:

http://ecdpcw.org/mosquito_control.php

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