

West Caldwell-Caldwell Recreation presents



FIELD HOCKEY



2023 PRE~SEASON CAMP

West Caldwell-Caldwell Recreation is offering a pre-season Field Hockey Camp for girls entering grade 3 through entering grade 8 (Fall 2023).

The morning camp will be instructional and will be supervised by Sarah Pallino, Millburn High School Varsity Field Hockey coach.

Dates: Monday, August 7, Tuesday, August 8 & Wednesday, August 9
(no rain date)

Time: 9:00am – 12:00pm

Equipment: sneakers or turf shoes, socks over shinguards, mouthpiece, Field hockey stick

Questions? Email – sarahfpallino@gmail.com

Place – Essex Valley School

Cost - \$75.00

Deadline – July 31st or UNTIL FILLED

Checks Payable to: WC-C Recreation

Return form and fee to WC-C Recreation:

30 Clinton Road, West Caldwell, NJ 07006, Drop-off hours: 8:30 am to 4:30 pm.

Register online at: <https://register.communitypass.net/westcaldwell> (under summer programs)

Child's Name: _____ Phone: _____

Address: _____ wc c

Birthdate: _____ Age: _____ Grade: _____ E-mail: _____

I give my child permission to participate in the 2023 Field Hockey Camp and to the best of my knowledge is physically fit to engage in this activity of the West Caldwell-Caldwell Recreation Program.

Parents Signature: _____ Date: _____

PLAN AHEAD!
Fall Field Hockey Schedule
August 14 & 15 – Mandatory evaluations for grades 5/6 and 7/8 teams (rain date 8/16)
Week of August 21 – practices will begin
Fall registration will be available early June.